

Newsletter October 2026





Hello I can't believe it is the end of October and two months away of another festive season. Of course we have Halloween and Guy Fawkes Night. Not sure if we are going to a display this year as we have birthdays and a special one for my brother and my son will officially be a teenager and we are taking my son on his first plane ride to Scotland.

It is good to do things in tiny steps especially if you are a parent. Henry's concentration is much better and no longer runs off and enjoying these years. Time goes fast.

I am filming some gift guides and been doing Shorts on YouTube: <https://www.youtube.com/@CarrieChalloner> and Items I am getting rid of and my Autumn Reset will be ending. It will be my Winter Wellness. I have enjoyed this year's Reset. I am on the final edits of my next book and still got a few weeks to so will be buckling down getting it ready to be published and then more books in 2027. See below.

I am still awaiting a shelf for my bedroom but why I am decluttering and it feels good letting things go and I will be closing some of my blog sites; I will be creating a new one in January as I see September as my new year and now I am on Substack: <https://substack.com/@carrieChalloner>

I am going to take a break from my Pinterest and going to take a month off in January to focus on my next book and videos and want to work at some fundraising events and doing my job at my local Hospital Radio station. Epsom Hospital Radio.

I am also thinking of coming off Instagram or changing my account because of people making fake accounts and that nothing is being done about it. I get a fake account everyday on Instagram and I am getting a bit annoyed about it and did a video talking about it and I feel we need to make a stand for it to stop and let it be a positive space not a negative one.

People are using these platforms to scam and get your details and just too much. There is a thread now that I feel is worse so thinking hard about where to post and I feel the only way to deal with it is to come off it or have a private account.

I may take a year break and see how it goes and focus on my blogs, books and videos and on doing my radio show and not allow these people to get me down and just focus elsewhere as I feel they shouldn't be entertained and I do believe in Karma and hopefully it will be stopped.

Still I have a lot to look forward to. Panto season. Oh no there's not. Seeing the Christmas markets and lights and looking forward to some Mulled Wine, a glass of snowball and just enjoying the Christmas tunes and yes already got out my Christmas PJs and socks on.

So enjoy Halloween and fireworks and see you in November X



Borough Market one of our favourite places we like to go at Christmas.
Not sponsored just love Borough Market

New books out in 2027.

Mum&Me 2 and Sequel to When Mothers are Real.

