

July Newsletter 2026



We went to the Guilfest. It was busy but still a great experience and my sons third festival and second one for this year. He loves the Proclaimers and they were good the only thing was I feel they should have had a big screen as we couldn't really see them.



It was Flying Ant Day so they swamped the place at one point but it was such a good experience and I would like to go there again next year and be a bit more prepared. I would say if you want to a spot near the main stage then get there early and I am even thinking next year go VIP.

There are places to park and so it helped make coming back easy as the train back wasn't rammed and it was a good afternoon and evening out.

We did eat there and you could take your own water bottles and many did have picnic food, but many still bought food from the food stalls and vans. We bought our food there and it was tasty.

The toilet facilities were okay they were all Portaloos so take hand sanitizer and some tissue just in case there isn't any.

I did have a drink there. I had a couple of ciders which were nice and not overly priced. I am not one to go mad when it comes to drinking now and only have one or two. I no longer want to be drunk but enjoy the experience and get home safely. Perhaps next time stay around area.

I am taking on a challenge in August. I will be doing 100 squats a day to raise money for Cancer Research.

<https://fundraise.cancerresearchuk.org/page/carries-giving-page-23102806>

Il will be filming on my Instagram and Youtube to share my progress of this challenge and looking forward to it. I have been practicing. Here is a link to my Instagram:

<https://www.instagram.com/carriechallenge/>

Here is a link to my Youtube Channel:

<https://www.youtube.com/@Carriechallenge> So wish me luck and going to treat myself to a new pair of trainers as a reward. Is that allowed?

I love a challenge and it is the summer holidays coming for my son. Got many things planned and I will share.

See you in August X.

