

To Do It Together rather than separately

- Your Shower, Skincare and Brushing your teeth
- Cleaning and tidying the home
- Delete and organise the photos, emails and files on your computer
- Cooking and Cleaning
- Journal and plan each day
- Go Swimming, run and do your shopping
- I like to prep and cook listening to music and when cleaning or watch a Youtube video on my laptop
- Schedule bills and go through your finances and removing subscriptions and things you no longer want to pay for
- Get rid of weeds and clear out kitchen shed

