



# Different Ways to Organise Your life

- Put your phone in another room not near your bed
- Have a morning plan to kick start the day
- Write on thing you want to do today rather than a whole list
- Create a block schedule
- When going upstairs take one thing up and one item down if you have stairs
- Have different cleaning stations, we keep polish and duster or cloth upstairs
- Delegate tasks
- Block schedule and set a alarm to move on to tasks you do in certain times of the day
- Do a tidy in the morning as soon as you get up
- Once the kids have gone to school then do a tidy up and organise
- Have your children make their beds and tidy their toys and games and bedrooms
- Have stations so you and your kids knows where items go
- Do one in and one out
- Do once and then its done
- Set goals for the month, not just for the year
- Have a family games night or afternoon
- Pre-plan playdates and have it your home and then theirs
- Have everyone contribute when organising a get together
- Lay out uniform, bags and packed lunches the night before #
- Lay out everything and get up earlier one day a week

