

# Setting Up Your Christmas Day

**Delegate duties if you can to share the load.**

- This mean having help set the table and have a setting for breakfast and Christmas lunch and evening tea.
- Have someone be in charge set up some TV time or games.
- Create a coffee and tea station if your guests want an alcoholic drink and a bar so they can help themselves and have your guests bring their own drinks.
- Cook the meat the day before or in the morning and then have your partner/spouse take care of the spuds and vegetables.
- Delegate someone to peel the potatoes and vegetables and why not roast them or steam them.
- Have someone to keep an eye on the food whilst you change after cooking and you've delegated duties of watching the kids.
- Have your kids hand out the gifts and a parent hand out glasses of buck fizz for example to have a toast or champagne.

