

Declutter Your Life

The winter can be great time to let things go.

1. Go through what you can wear all year round and if anything that can't be mended
2. Check to see what has not been using or worn anymore
3. Go through you subscriptions that you can cancel
4. Go through receipts for electrical appliances and anything that is more than two to three years ago and has no warranty get rid of them
5. Do a quick search around your home and be surprised of what you can let go of
6. Any duplicates of books, kitchen wear, clothes and medicines
7. Anything that has expired like herbs, tins and food in the fridge and freezer
8. Baby clothes, toys and old beds, baby baths and bottles etc if you are not going to have more children or hand them down if in good condition
9. Letters and invest in a paper shredder and recycle the paper
10. Garden wear and equipment

