

# December Newsletter 2025





The picture is of Mayfield Garden Center we visited this year. So good to visit. I have already started to make plans for 2026, but 2025. What did it bring?

Saw Rocky Horror Show, starring Jason Donovan. I never thought I'd see that man in stockings and suspenders. Saw Billy Idol in concert. Visited Windsor,, trips to London and Morden and this weekend as I begin this newsletter, took Henry on a London Bus Tour to see the Christmas lights and was great experience and watched the ladies England Rugby team along with the men in the Summer and Autumn and published my book Mum&Me and now it is time for more in 2026..



I won't be setting resolutions but making life changes and my word for 2026 is Grow. This year it was Lifestyle and many things have changed. I really been reading a lot. I read every morning and evening and not stopped and have posted a review check it out via this link: <https://mybooksandstories.wordpress.com/2025/12/15/good-guides-and-true-stories-2025/>

I have been doing my Winter Wellness programme and posted some vlogs. See Link: <https://www.youtube.com/@typicallondongal>

You can read my Winter Wellness blog so far via this link: <https://everyonecanbuildacastle.com>

I will be doing No Spend January again and so only spending what I need to as I want to save for the holidays I plan to go to. I am not sure I will sharing this via my blogs. I will keep you posted but if I do it will either in my vlog channel (link above) or my Financial Living Youtube Channel: <https://www.youtube.com/@financialliving>

I hope to have a new book out. I will keep you posted when my next book is released. I will still be working on my radio shows for Epsom Hospital: <https://www.epsomhospitalradio.org.uk/on-air/listen-live>

It is come around so fast but not dreading it like other new years and enjoy life and got many things to look forward to. So I will have another newsletter coming out in January 2026 so I will see you then and lastly,

HAPPY  
New Year