

Newsletter September 2025





Hello! it is September, can you believe it?

I really hope your summer was good. Mine was good and even though we only went to A Farm Retreat, that was only about 40 minutes away, it was really nice. I love a staying in a small type of accommodation and being near nature.

This is always a win for me. Please check out this collage of clips from that holiday and now it is time to think about Halloween and Fireworks night.



We also took a trip to Windsor and went to the Cat Cafe in Shepherds Bush, we did our regular visit up London and just enjoyed the summer days and now my son is back doing his sports clubs and Planning for my birthday and his, and doing my Autumn Reset.

Please check out my Pinterest board, which has blogs posted and my site Everyone Can build a castle: <https://uk.pinterest.com/thetypicalLondongal/autumn-reset/>

It is going well and getting my next book, When Mothers Are Real, revised first draft and doing sprints. Check out youtube where there are many writing sprints, that you can do and great way to connect with other writers, for support.

Have you decorated for Halloween Yet? I seen some goodies in TKMaxx. Great place to go and seen a mug I'd like and bought some tee towels and will be decorating soon.

I have been taking a break from Vlogging to make space to get personal stuff done. My son is being homeschooled at the moment and wanted to focus on my Autumn Reset. Completing tasks and projects, I haven't been able to complete, because on the school holidays and homeschooling is going okay, but my son is desperate to return to school, to make new friends as we a waiting for a Secondary School placement.

My vlogs will return in October 2025 and haven't managed to film much for my other Youtube channels, so had to change the areas of my life that I know I can complete, for this years Autumn Reset but that's life and is about what will help me still and sort out my sons education and then can get back time, to film and not sacrifice my other projects, like planning my weekly radio show. I do a show on Epsom Hospital radio, Sunday 4pm to 6pm. I am not on this coming weekend as it is my birthday so I will be back the week after.

So enjoy the rest of September and see you again in October.