

August Newsletter 2025





How has your summer been? It has been scorching. I got back into Parkrun. We have been walking. We, meaning my son and I, on walks. We walked to Kingston and part of the way back, walked from Epsom to Morden, walked to Putney and yesterday went up, doing our yearly visit to Battersea, from the Power station through the park and then had a meal in the Prince Albert.

Took a trip to Windsor.

We went to the theatre and cinema. Went to see the Boy With Wings at the Polka theatre again, with my niece and then watched the new Superman Film.

I took my son swimming, we went for weekend away in Eastbourne and stayed on a Farm Retreat, in a lodge and walked around the town, where we saw some old fashioned trains and next time make take a day trip there.



The cover of the front picture is of our day trip to Windsor where we went on a boat trip and above is the image of Windsor Castle. It is lovely place to go. There is a high street and lovely by the river. You can get a train from Clapham Junction to there.

A river top top left by picture of Windsor is a picture of a river in Kingston that I'd hadn't seen before. The below left is a picture of the patio where we stayed in Eastbourne and the Old Fashion Train next to that photo. Then on the right is view of Albert bridge from Battersea Park and Memorial up on Wimbledon Common walking to Putney.



So what is coming up?

- 1End of my Life Coaching Programme, Summer Project 2025.
- Autumn Reset. if you want to be alerted then visit my site: Everyone Can Build A Castle: <https://everyonecanbuildacastle.com> And subscribe. It is free to do so.
- I will be back doing my Radio Show that I do on Sundays after the school holidays finished. You can listen on Epsom Hospital Radio, 4pm to 6pm.
- August Vlogs and Vlogs for September 2025
- Taking month off from Vlogging for October 2025: <https://www.youtube.com/@typicallondongal>

