

Now The Holidays are over

1. Do a reset day and just go through what you need to get back to
2. Have a morning declutter whilst unpacking. Just been doing this. I found a body shaping vest I don't need anymore and my sons clothing.
3. Restock your fridge and get back from planning meals. This holiday my mum and step dad cooked dinner, which I am truly grateful for, but now its back to me cooking and planning some nice meals
4. Catch up on some TV or some reading
5. Start planning for the week again and have a after school BBQ to stop the holiday blues
6. Go through your diary and update it
7. Once you dropped your kids off at school why not plan to have coffee with another parent you haven't seen since the schools broke up
8. Do a workout if you didn't manage to do any over the holidays
9. Organise your holidays snaps
10. Have a picnic after school so you still can continue the holiday vibes

