

Ten Tips on Decluttering

I had a good declutter last weekend and it made me find items I have been looking for and I like going through what I belong and can let go of.

1. Take note of what you have and not used, worn and just gathering dust
2. If you have had it longer than a year and not used it, let it go
3. Create homes, so I keep my toothbrush and paste in the bathroom in a pot
4. Get some boxes and categorise them Keep, Sell and Donate
5. Listen to a audio book or some music
6. Declutter your laptop and programmes, documents and emails
7. Scan files
8. Go through photos and create a photo book or a good old fashion photo album
9. Have your kids and spouse/partner or friend to help you
10. Go through food and go through what you have to make meals to up food and if you freezer stock that up with vegetables and meets.

