

GET YOUR LIFE TOGETHER



1	Get ready by having a good morning routine	
2	Have a better sleep routine so you get the right amount of hours of sleep	0
3	Have a get ready space for you and your family	
4	Clean the areas like the kitchen sink daily	
5	Select time on doing some decluttering	
6	Wash and change bedding for the spring	
7	Have no spend days	0
8	Select a day in the week to go through your finances each week	0
9	Create a play list to play whilst doing chores each week	
10	Batch cook and plan meals for the week	
11	Allocate duties and have a tea break as a family	