



December

Newsletter 2024

The Tidings We Bring

Hello to the last Newsletter for 2024 and it is coming up to the New Year and it is time to set our goals, go through our finances and planning out our budget for the year and planning for special dates, holidays and events.

I am going to be doing a fundraising walk for the British Heart Foundation and will be walking 5K in London and I have set up a JustGiving page and looking forward to it. If you'd like to sponsor me then here is the link <https://www.justgiving.com/page/typicallondongal>

It is the last new year my son will be at Primary school and will be as of next year in September, will be going to Secondary school and I will be posting on my parenting blogs as it is a new milestone and will be writing a new parenting book.



I will be playing my final show on Epsom Hospital Radio show on the 29th December 2024 and will be singing celebrating the new year.

My show is on Sunday's 4pm to 6pm at: <https://www.epsomhospitalradio.org.uk/on-air/listen-live>

I don't really go out for new years and stay in as it is travelling back, but will be staying up and watching the fireworks on the TV and watch the Jools Holland Show which I always watch, each year as he always has some really good bands and solo artists on and will be reflecting on my blog sites and vlogs on 2024.

I will be doing No Spend January 2025 again this year and is for the whole of January and so spending only on items like food staples and working once a week in a coffee shop, but not on items I don't want to spend money on and will be filming again on my Youtube Channel: <https://www.youtube.com/@financialliving>.

I have started my new programme Winter Wellness which I started on the 10th December if you lack motivation and energy when it is gloomy and dark early. We have had a few storms so many households have lost power and flooded, so if I can help at least one person with trouble feeling down during Winter then hope my blogs on [Everyone Can Build a Castle](#) will help you.

This ends at the end of January and hope to have at least one book published and have been working on my book series Mum&Me and making changes to book 1 and 2, as I wrote the first during Lockdown and have some areas I want to change. I will be doing a read through once they've done and planning on doing a giveaway. I will keep you posted. I will be doing my Cheat Sheets that I began this year and have some other free printables I want to create. I will keep you posted and feel good about the new year as often would feel down.

Then there are my yearly programmes, my Summer Project 2025 and Autumn Reset 2025 and like doing series of blogs and will be doing some videos for my Educational Youtube Channel: <https://www.youtube.com/@CarrieEducationalYoutube-ws4xp>

[I Wish you a happy new year x](#)