

# ☀️ July Newsletter 2024 ☀️





**Welcome to a new Newsletter. These are free to download and please share. I share this on my site Everyone Can build a castle, and remember to subscribe so you don't miss a post.**



It is July and my sons last week until he breaks up for the Summer Holidays and I have started a series of blogs on my site The Parenting Adventures tips and tricks and also check out my weekly Cheat sheets. These available from my sites: The Parenting adventures, see above, and on my site Everyone can build a castle.

And am planning my vlogs for the School Holidays as do plan to have a lot of fun.

### **So I am still doing my Life Coaching programme, Summer Project 2024**

So if you'd like to check out my blogs then again go over to my blog site Everyone can build a castle and then next it is my Autumn Reset.



This programme I created myself starts from May and ends in at the end of August and covers many things, and to help you have a better life and a better year.

### **So what to do in the Summer Holidays**

Well I have booked train tickets to go to Portsmouth as this is one place where my son wants to go.



I am off to see Bruce Springsteen next week, going up to London and my son will be going to a holiday club called Youngstars and if it is not raining then I will be sitting in a park to write, read and going on many walks and go with the flow and just enjoy days indoors too and watch some documentaries if I can and just enjoy the free time.

Taking the UberBoat in London is good and really enjoyed it and having meal by the river, do a bit of shopping and not wasting a day. Last year it was planned on the day and love unplanned days, but have ideas in my head of what me and my son can do together too.

There will be theme parks open and check on Groupon and Voucher.com for discounted offers they often have. I like to go to Hyde Park and have a coffee by the Serpentine or Battersea and then on TV you have the Olympics which I love to watch, and when Henry is with his dad will get to watch some Good Documentaries as mentioned want to watch the Cyndi Lauper's and Blur have one coming out, because I will be having some days free for myself to venture out and hope the weather gets better, so I can also get to read in the garden or listen to an audiobook.



## *top things of the month*

**So this is going to be a section of some top tips for the month of what to watch read and listen to.**

So the first one is to watch. The Mask Runner. This film me and my husband watched on ITVX and was really good. It is about a group of boys and a girl are stuck because the Maze can only be entered by a Runner and can get infected by doing so.

Read and Listen to, I really liked Steve Bartlett Diary of A CEO that I listened to on Audible and would like to read the actual book as it really is empowering. I will be writing soon about book on my site, My Books & Stories on Wordpress.com, but he spoke about the diary of the CEO and how he got to where he is and using the tools he has learned that changed his life.

THANK  
YOU FOR  
READING  
X