

# Get your life together

Catch up with the Laundry by making sure it is one of the first things you do for the day



Clean the fridge out and make a note of what needs to be used up and if there is anything that has been expired.



Spend each week going through your finances. I use Sundays and going through all the debits and get to grips with my money and what I spent each week



Go through your toiletries that needs to be used up and if there is anything you still not used



Do the same with clothes and your wardrobe and turn the hangers around to workout what has been worn and what has not

