

## My Summer Project programme



Yes it is time for my yearly Life Coaching programme. If you are new to my blogs and my monthly Newsletter, then welcome! So my Summer Project programme I do each year, from May to August and to help you have a better life and better year, through blogs, Social media and videos, and will be on my new Educational YouTube Channel. and posted my workbook today check out my site Everyone can build a castle | Creating goals, habits and being empowered aiming for success

Plus I have a board on Pinterest, and so will see you then.

Thank you for all who have been watching my Vlogs on my YouTube channel, <a href="Typical London Gal Carrie Holmes">Typical London Gal Carrie Holmes</a>

I also have another channel where I talk about how I manage my money. There are a lot of people struggling out there so, are having to count every penny, and share my financial habits, budgeting and tips on shopping and spending money on special holidays and occasions.

The one thing I do now is each Monday I will go through my bank account, to go through what I spent each week and write a spending plan each week and month and have no spend days.

So if you want to check this out then you can via this link: <a href="https://www.youtube.com/">https://www.youtube.com/</a>
<a href="mailto:@mywayofliving1602">@mywayofliving1602</a>

I post every Thursday on this channel, and if you have topics you'd like me to cover, then please let me know. You can comment below my videos on YouTube, or blog, which this newsletter gets posted on. Everyone can build a castle linked above.



## What to on May Bank Holiday

So it is the Bank Holiday on the 6th of May 2024 and already planning what we are going to do, and go to a local café for breakfast.

I have uploaded a video talking about Saving for the Bank Holiday on My way of living, please check it out: https://youtu.be/Yi BSUErQck

It can be a good opportunity to have a declutter, and get the errands done that you've been putting off or like I will be going for a walk and do a bit of extra work on my books and blogs, and do plan to do a vlog for my channel Typical London Gal. https://www.youtube.com/@typicallondongal

I got to do more clearing of my closet in the guest bedroom and I expect my husband will be sorting the garden out and it is good to cook a family meal whilst watching a movie or TV you have recoded, but not watched yet. Organize a BBQ with family and friends, depending on weather and just enjoy the extra day off.

So lets enjoy the rest of April and hope we have more sun and warm days as it has been very cold.

