

Goal ideas for spring

- 1. Do a spring clean and clean one area a day
- 2. Start running around my local park
- 3. Do a financial challenge and save £250 this quarter
- 4. Sell items to rebuild my capsule wardrobe and so giive to friends, family or donate
- 5. Replant the garden and plant some flowers for the spring ready for the summer
- 6. Spend time with my children and have a pancake day
- 7. Cook some different meal for spring
- 8. Spend more time with friends and have them come over for evening in
- 9. Take the kids out and do a walk each day or weekend
- 10. Plan some trips to London or the seaside or abroad





