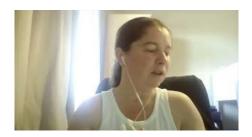
Monthly Newsletter

Typical London Gal





If you click on the above images they will take you to my main Youtube channel, and there you will find my videos for my Life Coaching Programme "Summer Project 2022".





So as I begin this Newsletter it is now the school holidays for another year and so going to have to change when I can write and going to be filming more days in a life and for my Life Coaching programme that I created called "The Summer Project 2022".

I have done a list of where I'd like to take him and this includes free items, like going to the park and going for a walk along the River Wandle and the River Thames. I want to take Henry to a seaside resort as I do have family who live in Selsey that we visit and even places like Brighten and Worthing are nice places to go, so more memories to create showing our Summer Holiday adventures.

If you go to the Southbank in London, you have the Festival hall, the London Aquarium, Shrek's Adventure and London Dungeons, along with the London Eye and there are cruise ships there too which you can go and visit the Docklands and Canary Wharf for example, and have a fantastic day out.

Greenwich is where you'd find the O2 Arena and has many shops and restaurants and great place to visit even when there is no shows on.

If you didn't know I have been setting myself monthly challenges and this month July 2022, did a challenge where I would do a bit of training (studying) on different topics each day and this is free via Youtube and courses I have paid for on Ofcourse and will be doing some free Teaching Assistant training soon, because I still want to work in a childcare/school setting.

Personal Development is important to me and it is good to set challenges as it really helps enhance my life and love learning new skills.

As mentioned above, I am still doing my Life Coaching programme "Summer Project 2022" and so I have published a lot of blogs and videos (see links below):

https://www.youtube.com/channel/UCUDFIqiVKLy7NhtcR6Hy0Tg

https://everyonecanbuildacastle.com

This will continue on until the end of August 2022, and I really enjoy working on these projects and thank you for the good feedback I have received so far and I have shared a lot of content on my Pinterest and have saved a lot of tools and information for my Life Coaching programme I have created and so please check this out: https://www.pinterest.co.uk/thetypicalLondongal/

So I really hope you have a good summer and if you going abroad I hope you travel safely and I will be back with another Newsletter in August.

Many thanks for reading,

Carrie (Typical London Gal) x

Planning my content through the Holidays

So my content now we are in the summer holidays will be changing and sorry for the delay of my Day in a life videos. I am behind and want to film for the Summer so they will go up just won't be as I planned to, see my last months Newsletter I did in June. I post my newsletters on my blog site: https://everyonecanbuildacastle.com

I am going to make some changes as we get near the Autumn and planning challenges for the months of August and September. If you haven't read my previous newsletters then, this year each month I set myself a challenge to help my content and because it helps me get stuff completed and makes it fun. One thing I'd like to do is to post everyday on Instagram:

https://www.instagram.com/typicallondongal/

Then it is September and back to school and already the stationary shops have started to bring out their back to school products and Paperchase who are one of my favourites have a 3 for 2 offer.

Today as I write this part of the Newsletter bought a new set of lunch containers from Poundland to make him some packed lunches and great place to pick summer holiday goods.

I do plan on making some printables, so if I do I will let you know.

I hope to finish my book I am writing and so going to be getting this completed too, and if you'd to check out my books then you can via Amazon, via the names of Carrie Holmes, Carrie Lee Holmes and Carrie Challoner.



The Summer Project 2022

Ends on 31st August



Here are links to my Youtube channels, my Pinterest my blogs and social media accounts:

My other Youtube channels:

https://www.youtube.com/channel/UCVjvO2fsowvFne iMuG7d1g/videos

https://www.youtube.com/channel/UCW6X7xXVFoaToqlDpGLTtSg

Blogs:

https://carriesversitilefashion.wordpress.com

https://sportsandfitnesspassion.wordpress.com

https://theparentingadventurestipsandtricks.wordpress.com

https://theparentingadventuresthebirthofmyson.wordpress.com

https://mystylewayofliving.blogspot.com

https://buildingselfconfidencetud.blogspot.com/

https://organzie4thebetter.blogspot.com

http://stylishmamma.blogspot.com

https://mydailythougthsandfeelings.blogspot.com/

Social media:

https://www.instagram.com/typicallondongal/

https://twitter.com/Carrie82434764

https://www.facebook.com/carriesblognetwork/

Online Courses:

https://carrieseducationnetwork.thinkific.com/